

Practice Schedules for Rockwood Swim Club

(Please note that during HS Water Polo & swim seasons, practices starting prior to 6:00 may be delayed at
the high school pools.)

GROUP	POOL	DAY	TIME
Bronze	Eureka	Mon/Wed	6:00 – 7:15 pm
	Summit	Tues/Thurs	7:00 – 8:15 pm
	Crestview	Tues/Thurs/Fri	4:45 – 6:00 pm
	Summit	Saturday	11:00 am – 12:30 pm
Silver	Lafayette	Monday	5:15 – 6:45 pm
	Eureka	Tues/Thurs	6:00 – 7:30 pm
	Summit	Tues/Thurs	7:00 – 8:30 pm
	Lafayette	Wednesday	7:00 – 8:30 pm
	Eureka	Friday	5:30 – 7:00 pm
	Lafayette	Saturday	7:00 – 8:30 pm
	Summit	Saturday	9:00 – 10:30 am
Gold	Summit	Mon/Wed	6:00 – 7:45 pm
	Lafayette	Tues/Thurs/Fri	5:15 – 7:00 pm
	Lafayette	Saturday	7:00 – 8:45 am
Senior	Lafayette	Monday	6:45 – 8:30 pm
	Summit	Tuesday	5:30 – 7:15 pm
	Lafayette	Wednesday	5:15 – 7:00 pm
	Marquette	Thursday	6:30 – 8:30 pm
	Summit	Friday	5:30 – 7:00 pm
	Summit	Saturday	7:00 – 9:00 am
National Prep	Marquette	Mon/Tues/Wed	7:00 – 9:00 pm
	Summit	Thursday	6:00 – 8:00 pm
	Marquette	Friday	5:00 – 6:30 pm
	Summit	Saturday	7:00 - 9:00 am
National	Marquette	Monday – Thursday	5:00 – 7:00 pm
		Saturday	6:45 – 9:00 am
		Sunday	8:00 – 10:00 am