

THE MISSOURI GRAND PRIX

Hosted by: MizzouRec Services and Facilities along with Columbia Swim Club

Location: Mizzou Aquatic Center



MEET: The 2011 Missouri Long Course Grand Prix at the University of Missouri

DATES: February 18-21, 2011

SANCTION: Held under the Sanction of Missouri Valley Swimming, Inc., on behalf of USA Swimming, Inc., Sanction Numbers MV-11-002 (Competition) and MV-11-003TT (Time Trials).

VENUE: Mizzou Aquatic Center, University of Missouri Student Recreation Complex
213 Rothwell Gymnasium
Columbia, MO 65211
Corner of Rollins & Hitt Street on the University of Missouri Campus
(573) 884-5600

FACILITY HIGHLIGHTS:

8 lane, 50-meter competition course (79 degrees)
8 lane, 25-yard warm-up, cool-down pool (80-81 degrees)
Colorado Time System throughout facility
8 lane scoreboard
3 Full-color digital display boards
96" Touchpads
2 Stark Movable Bulkheads
Water Depth 8-8.5' in competition course
6" Competitor Gold Medal Lane Ropes

COURSE:

The competition course has been certified in accordance with USA Swimming Rules and Regulations section 104/2/2C(4). A copy of the certification is on file with USA Swimming.

PARKING:

Parking is available in the Virginia Avenue Garage located adjacent to the Student Recreation Complex. Parking passes will be available for \$13 for a weekly pass or \$5 for a daily pass. Bus parking is available in AV14 Trowbridge. No standing will be allowed on Hitt Street adjacent to the Student Recreation Complex. Vehicles may stop to drop-off and pick-up, but must not linger. For a map of MU campus parking follow <http://umcspage.missouri.edu/muparking/default.aspx>

OFFICIALS: Meet Referee Amy Hoppenrath ahoppenrath@AccelerAction.com
Meet Director Chris Seris (573) 882-9004 serisc@missouri.edu
Entries Chair Dana Sheahen grandprix@csctigersharks.org

- All deck officials must be currently certified by USA Swimming.
- The meet is an Officials Qualifying Meet under the National Officials Certification Program. See the Central Zone website (www.centralzone.org/grandprixpage.htm) for the Application to Officiate and the Officials Qualifying Meet Application. Evaluation may be available for eligible officials assigned to work the meet. Please see the USA Swimming web site Volunteers/Officials/Certification section to view the latest procedures regarding evaluation and certification. Officials Briefing Sessions are one (1) hour prior to the start of each session and will cover stroke rules, assignments of officials, jurisdiction, etc. All officials must be present for the

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briefing. Those requesting evaluation must complete the Officials Qualifying Meet Application (on the Central Zone website, www.centralzone.org/grandprixpage.htm) prior to the meet.

GENERAL MEETING:

There will be a general meeting on Thursday, 2/17 at 5:00pm. Swimmers and coaches are responsible for knowing about any changes in the meet format that may be decided at the general meeting. More information will be sent in an email prior to the meet, will be posted on the Missouri Grand Prix Website (<http://missourigrandprix.com>) website and will also be available at meet check in.

PRE-MEET POOL AVAILABILITY:

Wednesday, February 16: The Competition Pool and warm-up pool will be available from
8:00 am – 2:00 pm,
4:30 – 9:30 pm.

THE COMPETITION POOL WILL BE CLOSED FOR TEAM PRACTICES FROM 2:00 -- 4:30 PM.

Thursday, February 17: The Competition Pool and warm-up pool will be available from
11:00 am – 2:00 pm,
4:30 – 10:00 pm.

THE COMPETITION POOL WILL BE CLOSED FOR TEAM PRACTICES FROM 2:00 -- 4:30 PM.

Pool will be available Friday through Monday at 6:00 am for wake-up swims

*NOTICE ON POOL AVAILABILITY:

THE COMPETITION POOL WILL BE CLOSED FOR MIZZOU SWIMMING AND DIVING PRACTICE FROM 2:00 -- 4:30 PM.

*NOTICE ON TRAINING EQUIPMENT:

FOR SAFETY REASONS, NO PADDLES OR FINS WILL BE ALLOWED IN THE COMPETITION POOL AFTER 11:00 AM ON THURSDAY, FEBRUARY 17.*

FORMAT:

- **Friday, Saturday, Sunday** will be Preliminaries with Championship, Consolation, and Bonus Finals except the relays, 800 Free and 1500 Free which will be timed finals.
- **Women's 800 Free and Men's 1500 Free fastest heat:** The fastest distance heat for these events will swim in the finals session. The top 8 swimmers for the 800 and 1500 freestyle must have achieved their seed time with the last 12 months (since February 15, 2010) in order to swim with Finals or in the fastest heat on Monday. Swimmers who have not achieved their fastest time since 2/15/10 will be seeded using their fastest conforming time, achieved during this period. All other heats will swim after prelims on Sunday and will be swum fastest to slowest alternating women-men-women, etc.
- **400 Free and 400IM in Prelims:** Events will swim with the fastest four heats of women then the men in the 4-3-2-1 order; then the balance of the heats alternating women/men swimming fastest to slowest. (4th fastest 25-32, 3rd fastest 17- 24, 2nd fastest 9-16, 1st fastest 1-8 with 4th seeded time finals, 3-2-1 championship seeding.)
- **Relays:** All heats will be swum at the end of finals. Heat order will be determined based on number of entries, i.e. if there are a large number of entries, the two fastest heats of each relay event may swim first.
- **Relay-only Swimmers** are not permitted, i.e. members of relay teams must be entered into at least one individual event.
- **Monday Timed Finals:** Monday's events will be run with the fastest heat of women's 1500 Free and the fastest heat of the men's 800 Free and the remaining distance heats will swim fastest to slowest, alternating women/men at the end of the session.

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POSITIVE CHECK-IN FOR RELAYS AND DISTANCE EVENTS:

The relays, 800 Free and the 1500 Free must use positive check in to declare their intent to swim by the Scratch Deadline for that event (see below). Failure to do so may cause athlete to be removed from event.

SCRATCH PROCEDURES & SCRATCH DEADLINES:

Scratch procedures will be in accordance with USA Swimming scratch policy.

- Friday morning prelims scratch deadline is 15 minutes after the conclusion of the General Meeting
- 800 Free Relay positive check-in due Friday at the end of prelims
- Saturday morning prelims scratch deadline is 6:00pm on Friday
- 400 Medley Relay positive check-in due Saturday at end of prelims
- 800 Free and 1500 Free positive check-in due 6:00pm on Saturday
- Sunday morning prelims scratch deadline is 6:00pm on Saturday
- 400 Free Relay positive check-in due Sunday at end of prelims
- All Monday events positive check/scratch due 6:00PM on Sunday

SCRATCH RULE:

Failure to swim a prelim event will mean disqualification from the next event. Swimmers qualifying for a final in an individual event not wishing to swim finals must announce their intentions within the announced “scratch time” at the Reconciliation desk. Any swimmers qualifying for a final in an individual event, who fails to compete in said event without scratching as noted above, shall be barred from further competition for the remainder of the meet. It is the swimmer’s responsibility to report to the assigned heat and lane.

SEEDING:

Seeding priority will be as follows: LCM first seeding priority, SCY second seeding priority, SCM third seeding priority. Bonus swims will be seeded following qualifying times in each event—LCM first seeding priority, SCY, then SCM. If there are an unusually large number of entries, the Meet Director and the Meet Referee reserve the right to divide any preliminary session into “A” and “B” sessions.

RULES:

The most current version of the USA Swimming Rules and Regulations will apply.

ELIGIBILITY:

All swimmers must be 2011 athlete members of USA Swimming or FINA. All coaches allowed deck access MUST be non-athlete coach members for 2011 and have current certifications as a USA Swimming or FINA registered coach

-Any single competitor may enter as many events as they qualify for but may only swim a maximum of 3 events per day including time trials.

*BONUS EVENTS

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Individual Events Qualified	Number of Bonus Events Allowed
1	2
2	2
3+	2

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QUALIFICATION TIMES:

-The **MINIMUM** qualifying times for this meet will be found in the Order of Events information.

ENTRY PROCEDURES:

All entries must be submitted using USA Swimming's Online Meet Entry (OME) system. The system can be accessed on the USA Swimming website at www.usaswimming.org/ome. You will be required to create a free account with the website to submit your entry.

- **OME will be available for this meet beginning Wednesday, December 15 at 8:00 AM, CST.**
- **OME will close Tuesday, February 8 at 5:00 pm CST.**

Meet Director and Meet Referee reserve the right to allow late entries as well as close the OME entry period early if the meet becomes unusually large.

A HyTek Team Manager event file on the meet website at: <http://missourigrandprix.com>

This will allow teams to establish the qualifying profile for their athletes prior to using OME. OME is not an eligibility report. It is necessary to know what events are going to be entered before starting the entry in OME.

The OME system processes payment by credit card. It will accept Visa, Master Card, American Express and Discover Card. Upon payment, a confirmation e-mail providing a receipt and a summary of the events entered will be returned. **ENTRIES ARE NOT IN THE MEET UNTIL PAYMENT HAS BEEN PROCESSED.**

Questions or problems with OME should be directed to USA Swimming, Susan Woessner, swoessner@usaswimming.org

Other questions about the meet and entries may be directed to the Meet Entry Chair:
Dana Sheahan
Columbia Swim Club
2713 Surfside Ct.
Columbia, MO 65203
grandprix@csctigersharks.org

ENTRY FEES: -\$10.00 per individual event
-\$20.00 per relay event
-Checks payable to: Columbia Swim Club

DECK ENTRIES:

There are no deck entries, but Time Trials will be available.

PROOF OF TIMES:

Individual entries must be submitted in actual times achieved. Conversions are not permitted. The OME entry system is connected to the USA Swimming times and membership database (SWIMS) and will provide entry times. **These times are proven.** If you would like to enter using a time that is not showing in the system, there is also a custom time entry function in OME, **but these times are NOT proven. If a custom time is used, proof must be submitted to the Meet Entry Chair prior to 5:00PM Thursday, February 17th or the entry will be scratched.**

DISTANCE PROOF OF TIMES:

The top 8 swimmers for the men's and women's 800 and 1500 freestyle must have achieved their seed time within the last 12 months (since February 15th, 2010) in order to swim in the Finals session or the fastest heat on Monday. Swimmers who have not achieved their fastest time since 2/15/10 will be seeded using their fastest conforming time, achieved during this period.

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DAILY SCHEDULE:

- Preliminaries and Mon Timed Finals: Fri, Sat, Sun Finals:
- Warm-ups begin at 7:00am -Warm-ups begin at 4:00pm
- Specific warm-up at 8:30am -Specific warm-up at 5:00pm
- Clear pool at 8:50am -Clear pool at 5:20pm
- Session begins at 9:00am -Session begins at 5:30pm

FINAL RESULTS:

Final Results will be posted on the meet website, <http://missourigrandprix.com>, the Missouri Valley Website and may include the swimmer's name, age, times and USA Swimming number.

AWARDS:

There will be individual awards for the top 3 swimmers in each individual event and the top 3 relays in each relay event. There will be no team awards. Awards will not be mailed. Only Olympic distance events will count toward the Grand Prix Series overall medal count. Therefore the Women's 1500 M and the Men's 800 M results will not Count toward the Grand Prix Series medal count.

SCORING: The meet will not be scored.

TIME TRIALS:

Time Trials will be offered as follows:

1. Where possible, and where it fits into the swimmer's daily schedule (and with consent of both swimmer and coach), time trial swimmers may swim in empty lanes of early heats only of existing races, subject to the referee's discretion.

a. In the 800/1500, time trials will ONLY be offered to fill empty lanes in existing heats of those swims;

2. Where it is not possible to place swimmers in empty lanes, there will be limited time trials at the conclusion of each Preliminary session ONLY (no time trials at the conclusion of finals) beginning with the **FRIDAY** session.

The time trial schedule is as follows:

a. **FRIDAY** Time Trials: **FRIDAY** events, **SATURDAY** events, **SUNDAY** events.

b. **SATURDAY** Time Trials: **SATURDAY** events, **SUNDAY** events, **FRIDAY** events.

c. **SUNDAY** Time Trials: **SUNDAY** events, **FRIDAY** events, **SATURDAY** events.

d. **There will be NO time trials on MONDAY except for those swimmers previously time-trial seeded into Monday's events.**

3. Time trials are limited to those already in the meet. New entries cannot be added.

4. The entry fee will be \$10 per individual event and \$20 per relay event. Time trial entry forms will be at the Clerk of Course by 7AM on Friday.

5. This is a preliminary/final meet. The provisions of USA Swimming Rules 102.2.2 and 102.2.6 apply.

Swimmers may compete in no more than three (3) individual events per day including time trials.

SWIM WEAR RESTRICTIONS:

On January 4, 2010, FINA, the international governing body for the sport, issued its [final list of suits](#) approved for use in competition in 2010. However, USA Swimming expects to receive further guidance from FINA later this month regarding the list. Until such time as we receive that guidance, USA Swimming will continue to allow all swimsuits which are either listed on the [final FINA list](#) or meet the criteria below:

1. Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee;
2. No zippers or other fastening devices are allowed except for a waist tie on a brief or jammer; and
3. Suits must be of textile material and must not be made of any rubberized type of material such as polyurethane or neoprene.

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Championship Seeding – Bonus, Consol, Championship Final

Entry Limit: Enter as many events as you qualify for with a limit of 3 swims per day.

ORDER OF EVENTS AND QUALIFICATION TIMES

Women			Friday February 18, 2011	Men		
<u>LCM</u>	<u>SCM</u>	<u>SCY</u>		<u>LCM</u>	<u>SCM</u>	<u>SCY</u>
02:09.09	2:05.89	1:54.19	200 Free	1:58.09	1:54.19	1:43.09
1:16.79	1:14.69	1:06.89	100 Breast	1:10.09	1:06.09	59.49
1:05.79	1:04.29	58.49	100 Fly	58.89	56.89	51.89
5:09.69	5:01.19	4:33.09	400 IM	4:43.89	4:34.69	4:08.09
4:09.99		3:40.99	400 Free Relay	3:47.99		3:19.99

Saturday February 19, 2011

<u>LCM</u>	<u>SCM</u>	<u>SCY</u>		<u>LCM</u>	<u>SCM</u>	<u>SCY</u>
2:24.19	2:19.99	2:07.39	200 Fly	2:10.59	2:05.79	1:54.89
27.79	27.39	24.59	50 Free	24.79	23.99	21.69
1:07.89	1:04.89	59.09	100 Back	1:01.39	59.09	53.09
4:30.69	4:21.89	5:03.29	400 Free	4:09.79	4:02.09	4:39.59
2:44.99	2:41.39	2:24.29	200 Breast	2:29.79	2:25.59	2:09.79
8:59.99		7:59.99	800 Free Relay	8:20.99		7:19.99

Sunday February 20, 2011

<u>LCM</u>	<u>SCM</u>	<u>SCY</u>		<u>LCM</u>	<u>SCM</u>	<u>SCY</u>
9:15.99	9:00.99	10:21.29	800 Free (W)			
2:27.59	2:22.89	2:09.49	200 IM	2:13.59	2:08.49	1:56.29
2:25.99	2:20.79	2:06.99	200 Back	2:12.39	2:07.49	1:54.79
1:00.19	58.29	52.89	100 Free	53.99	52.09	47.09
			1500 Free (M)	16:41.69	16:02.39	16:13.69
4:39.99		4:06.99	400 Medley Relay	4:14.99		3:41.99

Monday February 21, 2011 (Timed finals only)

<u>LCM</u>	<u>SCM</u>	<u>SCY</u>		<u>LCM</u>	<u>SCM</u>	<u>SCY</u>
17:46.69	17:13.09	17:24.29	1500 Free (W)			
			800 Free (M)	8:40.79	8:26.89	9:39.29

If there are more than 450 entrants, the Preliminary Session may be divided into 'A' and 'B' sessions with 7 heats (5 of the 400 meter events) in the 'A' session. 'B' session will be swum fastest to slowest.